

2nd Grade

2nd Grade Physical Education Standards & Grade Level Outcomes Addressed

Unit:	Focus:	
GLO:	Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.	GLO Addressed (✓)
(S1.E1.2)	Skips using a mature pattern	
(S1.E2.2a)	Runs with a mature pattern	
(S1.E2.2b)	Travels showing differentiation between jogging and sprinting	
(S1.E3.2)	Demonstrates 4 of 5 critical elements for jumping and landing in a horizontal plane using a variety of 1 and 2 foot take-offs and landings	
(S1.E4.2)	Demonstrates 4 of the 5 critical elements for jumping & landing in vertical plane	
(S1.E5.2)	Performs a teacher and/or student designed rhythmic activity with correct response to simple rhythms	
(S1.E7.2a)	Balances on different bases of supports, combining levels and shapes	
(S1.E7.2b)	Balances in an inverted position with stillness and supportbase	
(S1.E8.2)	Transfers weight from feet to different body parts//bases of support for balance and/or travel	
(S1.E9.2)	Rolls in different directions with either narrow or curled body shape	
(S1.E10.2)	Differentiates among twisting, curling, bending, & stretching actions	
(S1.E11.2)	Combines balances and transfers into a 3 part sequence (i.e. dance, gymnastics)	
(S1.E13.2)	Throws underhand using a mature pattern	
(S1.E14.2)	Throws overhand demonstrating 2 of the 5 elements of a mature pattern	
(S1.E16.2)	Catches a self tossed or well thrown big ball with hands, not trapping or cradling against the body	
(S1.E17.2a)	Dribbles in self-space with preferred hand demonstrating a mature pattern	
(S1.E17.2b)	Dribbles using the preferred hand while walking in general space	
(S1.E18.2)	Dribbles with the feet in general space with control of ball and body	
(S1.E21.2)	Uses a continuous running approach and kicks a moving ball, demonstrating 3 of the 5 critical elements of a mature pattern	
(S1.E22.2)	Volleyes an object upward with consecutive hits	
(S1.E24.2)	Strikes an object upward with a short-handled implement, using consecutive hits	
(S1.E25.2)	Strikes a ball off a tee or cone with a bat, using correct grip and side orientation / proper body orientation	
(S1.E27.2a)	Jumps a self-turned rope consecutively forward & backward with a mature pattern	
(S1.E27.2b)	Jumps a long rope 5 time consecutively with student turners	
GLO:	Standard 2: The physically literate individual applies knowledge of concepts, principles, strategies, and tactics related to movement and performance.	GLO Addressed (✓)
(S2.E1.2)	Combines locomotor skills in general space to a rhythm	
(S2.E2.2)	Combines shapes, levels, & pathways into simple travel, dance, & gymnastic sequences	
(S2.E3.2)	Varies time and force with gradual increases and decreases	
GLO:	Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	GLO Addressed (✓)
(S3.E1.2)	Describes large motor and/or manipulative physical activities for participation outside of physical education class (e.g., before and after school, at home, at the park, with friends, with the family)	
(S3.E2.2)	Actively engages in physical education class in response to instruction and practice	
(S3.E3.2a)	Uses own body as resistance (e.g., holds body in plank position, animal walks) for developing strength	
(S3.E3.2b)	Identifies physical activities that contribute to fitness	
(S3.E6.2)	Recognizes the "good health balance" of good nutrition and physical activity	
GLO:	Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self and others.	GLO Addressed (✓)
(S4.E1.2)	Practices skills with minimal teacher prompting	
(S4.E2.2)	Accepts responsibility for class protocols with behavior and performance actions	
(S4.E3.2)	Accepts specific corrective feedback from the teacher	
(S4.E4.2)	Works independently with others in partner environments	
(S4.E5.2)	Recognizes the role of rules and etiquette in teacher-designed physical activities	
(S4.E6.2a)	Works independently and safely in physical education	
(S4.E6.2b)	Works safely with physical education equipment	
GLO:	Standard 5: The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction	GLO Addressed (✓)
(Refer to S3.E6.2)	Recognizes the value of "good health balance"	
(S5.E2.2)	Compares physical activities that bring confidence and challenge	
(S5.E3.2)	Identifies physical activities that provide self-expression (e.g., dance, gymnastics routines, practice tasks/games environment)	